

Winter 2022 Classes



Topic	Class Title	Start Date	End Date	Weeks	Class Times	Instructors	Class Fee
Art							FCASD/Non
	Calligraphy: Lessons and Studio Time In Person @ FCAHS	1/20	2/24	6	Thursday: 7:00 - 8:30 PM	Jim Lavrinc	\$70/\$75
	Studio Time with Martha Ball	1/13	2/17	6	Thursday: 6:30 - 8:30 PM	Martha Ball	\$65/\$70
Cooking, Wine & Spirits							
	Chef Jon: Pizza at Home	1/31	1/31	1	Monday: 5:00 OR 6:00 PM	Jon Holzer	\$27/\$32
	Winter Wines and Spirits	1/19	1/19	1	Wednesday: 6:30 - 8:30 PM	Palate Partners	\$27/\$32
Fitness and Health							
	Chair TriYoga	1/11	3/1	8	Tuesday: 6:00 - 7:00 PM	Julie DiDomenico	\$48/\$53
	Coping with Stress For Your Health and Longevity	2/7	2/21	3	Monday: 7:00 - 8:15 PM	Bruce Rabin	\$50/\$55
	Fit Off Your Feet with Beth	1/5	2/23	8	Wednesday: 6:30 - 7:30 PM	Beth Ryce	\$60/\$65
	Full Body Workout with Cassie	1/6	2/24	8	Thursday: 6:00 - 7:00 PM	Cassie Conti	\$60/\$65
	Pilates Flow for All Levels with Cara	1/11	2/22	7	Tuesday: 6:30 - 7:30 PM	Cara Metallo	\$70/\$75
	Women's At Home Fitness/Strength Trng with Beth	11/29	2/21	12	Monday: 6:30 - 7:30 PM	Beth Ryce	\$85/\$90
	Yoga with Diane	1/13	2/24	6	Thursdays: 6:00 PM - 7:10 PM	Diane Prem	\$60/\$65
	Yoga for Every Body with Tabitha	1/12	2/16	6	Wednesday: 5:30 - 6:30 PM	Tabitha Brown	\$60/\$65
Foreign Language							
	Spanish: Beyond Beginners	1/12	2/16	6	Wednesday: 7:00 - 8:00 PM	Diana Morales	\$60/\$65
History							
	Theatres of the Old Northside	1/10	1/10	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Pittsburgh Jazz	1/17	1/17	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Iron and Steel Mills in Pittsburgh	1/24	1/24	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Henry Hornsbostel's Impact on Pittsburgh	1/31	1/31	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20

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Home and Garden							
	How To Have Your Best Garden Ever	2/15	2/22	2	Tuesday: 6:00 - 8:00 PM	Doug Oster	\$40/\$45
Swim In Person @ FCAHS							
	Adult Lap Swim Sat OR Sun	12/4-12/5	2/12-2/13	9	Sat/Sun: 1:45 - 2:40 PM	Michael Boyd	\$90/\$100
	Adult Lap Swim Tues OR Thurs	12/2-12/4	2/10-2/12	9	Tues/Thurs: 8:25 - 9:20 PM	Annie Kayser	\$90/\$100
	Adult Open Swim	12/4	2/12	9	Saturday: 12:45 - 1:40 PM	Annie Kayser	\$90/\$100
	Adult Open Swim	12/5	2/13	9	Sunday: 12:45 - 1:40 PM	Michael Boyd	\$90/\$100
	Adult Open Swim	12/2	2/10	9	Thursday: 7:25 - 8:20 PM	Annie Kayser	\$90/\$100
	Adult Semi-Private Lesson: Improve Skills	12/4	2/12	9	Saturday: 12:45 - 1:40 PM	Emily Kayser McNeil	\$180/\$190
	Aqua Exercise	12/2	2/10	9	Thursday: 7:25 - 8:20 PM	Annie Kayser	\$90/\$100
	Aqua Exercise	11/30	2/8	9	Tuesday: 7:25 - 8:20 PM	Annie Kayser	\$90/\$100
	Recreational Swim - Families	12/5	2/13	9	Sunday: 12:45 - 1:40 PM	Michael Boyd	\$115/\$125
One-Night Classes							
	Chef Jon: Pizza at Home	1/31	1/31	1	Monday: 5:00 OR 6:00 PM	Jon Holzer	\$27/\$32
	Theatres of the Old Northside	1/10	1/10	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Pittsburgh Jazz	1/17	1/17	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Iron and Steel Mills in Pittsburgh	1/24	1/24	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Henry Hornsbostel's Impact on Pittsburgh	1/31	1/31	1	Monday: 7:00 - 7:45 PM	Doors Open Pgh	\$20/\$20
	Winter Wines and Spirits	1/19	1/19	1	Wednesday: 6:30 - 8:30 PM	Palate Partners	\$27/\$32